St Bernadette's and Holy Rosary Parish Pastoral Council Advent Calendar 2026



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
30th Nov **This December, let us make room for God in our busy lives.** Task: Spend five minutes in quiet reflection today. *"Draw near to God, and He will draw near to you."* **James 4:8**	**1st Dec** **Be thankful for the people who make your life better.** Task: Write down one gift or talent God has given you and thank Him for it. *"Give thanks in all circumstances."* **1 Thessalonians 5:18**	**2–** **Prepare your heart for the coming of Jesus.** Task: Think about one thing you can do this Advent to become more like Jesus. *"Prepare the way for the Lord."* **Matthew 3:3**	**3–** **Shine God's light wherever you go.** Task: Smile and greet everyone you meet today. *"You are the light of the world."* **Matthew 5:14**	**4–** **Show God's love through your actions.** Task: Do a helpful job for someone without being asked. *"Let us not love with words or speech but with actions and in truth."* **1 John 3:18**	**5–** **Together we are stronger.** Task: Take time to connect with a friend, neighbour or colleague. *"Carry each other's burdens."* **Galatians 6:2**	**6- 2nd Sunday of Advent** **PEACE begins with me.** Task: Forgive someone or let go of a disagreement today. *"Blessed are the peacemakers, for they will be called children of God."* **Matthew 5:9**
7 – **God created each of us with unique gifts.** Task: Tell someone what you appreciate about them today. *"For we are God's handiwork, created in Christ Jesus to do good works."* **Ephesians 2:10**	**8–** **Feast of the Immaculate Conception** Task: Say a prayer asking for the courage to say "yes" to God. *"I am the Lord's servant. May your word to me be fulfilled."* **Luke 1:38**	**9–** **Small acts of generosity can make a big difference.** Task: Make a small donation to help others this Advent. *"It is more blessed to give than to receive."* **Acts 20:35**	**10 –** **True happiness begins in the heart.** Task: Think of three things that brought you joy today. *"A joyful heart is good medicine."* **Proverbs 17:22**	**11 –** **No one should feel alone during Advent.** Task: Reach out to a friend, neighbour or family member who may be feeling lonely. *"Let your light shine before others."* **Matthew 5:16**	**12-** **Prepare your heart for the coming of Jesus.** Task: Read and reflect on today's Gospel. *"The people walking in darkness have seen a great light."* **Isaiah 9:2**	**13- 3rd Sunday of Advent** **Only in God is there fullness of JOY.** Task: Share a smile and spread joy wherever you go today. *"Rejoice in the Lord always. I will say it again: Rejoice!"* **Philippians 4:4**
14- **Choose joy and gratitude each day.** Task: Reflect on a blessing from this year. *"This is the day the Lord has made; let us rejoice and be glad in it."* **Psalm 118:24**	**15 –** **Peace grows when we pause and trust in God.** Task: Take three slow, deep breaths and offer your worries to God. *"Cast all your anxiety on Him because He cares for you."* **1 Peter 5:7**	**16–** **A grateful heart sees God's blessings everywhere.** Task: Reflect on something you are thankful for today. *"Give thanks to the Lord, for He is good; His love endures forever."* **Psalm 107:1**	**17 -** **Rest is a gift from God.** Task: Take time today to rest, read or enjoy a peaceful moment. *"Come to me, all you who are weary and burdened, and I will give you rest."* **Matthew 11:28**	**18–** **Hope lights the way forward.** Task: Think about something you are looking forward to and thank God for it. *"For I know the plans I have for you," declares the Lord, "plans to give you hope and a future."* **Jeremiah 29:11**	**19–** **Be a light for others through your words and actions.** Task: Pray for someone who is facing a challenge. . *"You are the light of the world."* **Matthew 5:14**	**20- 4th Sunday of Advent** **Share God's LOVE with those around you.** Task: Make time to sit quietly with God today. *"And now these three remain: faith, hope and love. But the greatest of these is love."* **1 Corinthians 13:13**
21 – **With God, all things are possible.** Task: Take the first step towards something you have been putting off. *"I can do all things through Christ who strengthens me."* **Philippians 4:13**	**22-** **God's creation reflects His goodness.** Task: Notice something beautiful around you today. *"The heavens declare the glory of God."* **Psalm 19:1**	**23-** **Welcome Jesus into your heart.** Task: Say a prayer of thanks for Jesus. *"They will call him Immanuel."* **Matthew 1:23**	**24- Christmas Eve** **LET THE HEAVENS REJOICE AND THE EARTH BE GLAD.** *"Today a Saviour has been born to you."* **Luke 2:11**	**25- Christmas Day** **TODAY WE CELEBRATE THE BIRTH OF JESUS, OUR HOPE AND JOY.** *"For unto us a child is born, unto us a son is given."* **Isaiah 9:6**		