




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Feb 18 Ash Wednesday Fast for God's sake, not your own. Joel 2:13 <i>"Rend your heart and not your garments. Return to the Lord your God."</i>	19 Give someone in despair a sense of hope today. Psalm 51:1 <i>"Have mercy on me, O God, according to your unfailing love."</i>	20 God is my help in every need. Matthew 4:1 <i>"Then Jesus was led by the Spirit into the wilderness to be tempted."</i>	21 Today, wherever you go, carry the intention of peace, love, and harmony in your heart. Isaiah 58:9 <i>"Then you will call, and the Lord will answer."</i>
First Sunday of Lent 22 Be a loving presence to all you meet today James 4:10 <i>"Humble yourselves before the Lord, and he will lift you up."</i>	23 With faith, I know my dreams and visions are more than possible. Matthew 6:6 <i>"But when you pray, go into your room, close the door and pray to your Father."</i>	24 Be so happy that when others look at you, they become happy too 2 Corinthians 5:20 <i>"Be reconciled to God."</i>	25 Say an act of contrition. Make amends to one person you've offended. Psalm 32:5 <i>"I acknowledged my sin to you and did not cover up my iniquity."</i>	26 Lend a helping hand to one who usually serves you. Hebrews 12:2 <i>"Fixing our eyes on Jesus, the pioneer and perfecter of faith."</i>	27 Pray for those who feel they walk alone or in darkness Micah 7:18 <i>"You do not stay angry forever but delight to show mercy."</i>	28 Pray for the gift of trust in God Romans 12:2 <i>"Be transformed by the renewing of your mind."</i>
Second Sunday of Lent 1st March Breathe in the wisdom of the Spirit before today's choices. Matthew 26:41 <i>"Watch and pray so that you will not fall into temptation."</i>	2 Cherish those who shine light on your life today Lamentations 3:22 <i>"Because of the Lord's great love we are not consumed."</i>	3 Show your lighter side today and be a joy for others. Isaiah 53:6 <i>"We all, like sheep, have gone astray."</i>	4 In return for healing love you've received, offer it to others. Psalm 25:8 <i>"Good and upright is the Lord."</i>	5 Mornings are better when you talk to God first. Mark 8:34 <i>"Whoever wants to be my disciple must deny themselves."</i>	6 Take time today to believe in God's love for you. John 15:4 <i>"Remain in me, as I also remain in you."</i>	7 Cherish the unexpected moments of wonder Philippians 1:6 <i>"He who began a good work in you will carry it on to completion."</i>
Third Sunday of Lent 8 Let the blessings of others be a source of joy for you 1 Peter 2:24 <i>"He himself bore our sins in his body on the cross."</i>	9 A quiet heart is a continual feast. Psalm 34:8 <i>"Taste and see that the Lord is good."</i>	10 You are never in control of what happens around you, but you are always in control of what happens within you. Luke 18:13 <i>"God, have mercy on me, a sinner."</i>	11 <i>Follow your intuition, it will always lead you to the right destination.</i> Hebrews 10:22 <i>"Let us draw near to God with a sincere heart."</i>	12 Let your faith be bigger than your fears, have faith success will be near. Romans 6:23 <i>"For the wages of sin is death, but the gift of God is eternal life."</i>	13 Each day is an opportunity for joy. Matthew 5:4 <i>"Blessed are those who mourn, for they will be comforted."</i>	14 <i>I BELIEVE, and therefore anything is possible.</i> Colossians 3:1 <i>"Set your hearts on things above."</i>

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Forth Sunday Of Lent 15 You're braver than you believe and stronger than you seem, and smarter than you think. 2 Chronicles 30:9 "The Lord your God is gracious and compassionate."	16 He who kneels before God can stand before anyone. Psalm 103:12 "As far as the east is from the west, so far has he removed our transgressions."	17 St Patrick's Day Beannachtaí na Féile Padraig Ort  Galatians 2:20 "I have been crucified with Christ and I no longer live."	18 Father help me to seek you daily. Your will. Your plan. Your strength Isaiah 55:7 "Let the wicked forsake their ways."	19 When God is all you have, then you have what you only need. Hebrews 4:15 "For we do not have a high priest who is unable to empathize."	20 A beautiful day begins with a beautiful mind set. Psalm 119:105 "Your word is a lamp for my feet."	21 When you focus on the good, the good increases. John 8:12 "I am the light of the world."
Fifth Sunday of Lent 22 During Lent, let us find concrete ways to overcome our indifference. - Pope Francis. Romans 8:11 "The Spirit of him who raised Jesus from the dead is living in you."	23 Apart from the cross, there is no other ladder by which we may go to heaven Matthew 11:29 "Take my yoke upon you and learn from me."	24 Have patience with all things, but first of all with yourself Ephesians 2:8 "For it is by grace you have been saved."	25 The Annunciation Angel Gabriel tells Mary that she will give birth to Jesus. Say the Rosary with love. Psalm 46:1 "God is our refuge and strength."	26 Prayer does not change the purpose of God. But prayer does change the action of God 1 John 4:10 "This is love: not that we loved God, but that he loved us."	27 Let your heart be filled with God's view of life The Lord looks into your heart (1 SM 16:7).	28 When things change inside you, things change around you. Luke 23:34 "Father, forgive them."
Palm Sunday 29 Let all your dreams be fulfilled Revelation 21:5 "I am making everything new."	30 It always seems impossible until it's done. 1 Corinthians 15:22 "For as in Adam all die, so in Christ all will be made alive."	31 If I cannot do great things, I can do small things in a great way. Your word I have treasured in my heart, That I may not sin against You. Psalm 119:11	1 st April May you live every day of your life. For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. John 3:16	Maundy Thursday 2 Sharing a meal makes us family – look around at your family We are filled with Spirit as we complete the Lenten journey. A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another. John 14:6	Good Friday 3 Observe silence at 3 p.m. today in reverence for Jesus' sacrifice. He came and took his body (JN 19:38).	4 Wait with Mary and the disciples For by grace, you have been saved through faith. And this is not your own doing; it is the gift of God, Ephesians 2:8
Easter Sunday 5 We are destined for glory. Spread the Good News and follow God's way! He had to rise from the dead (JN 20:9)!				St Bernadette's and Holy Rosary Parish Pastoral Councils 2026		

