


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Children's Lenten Calendar 2024</p> 			<p>Feb 14 Ash Wednesday</p> <p>Think of something you can do to grow closer to God</p>	<p>15</p> <p>Do something good for someone without being asked</p>	<p>16</p> <p>Draw a picture that symbolises Lent</p>	<p>17</p> <p>Notice everyone's facial expressions in your house today. Do they look happy? Sad? If they are sad, can you cheer them up.</p>
			<p>First Sunday of Lent 18</p> <p>Spend 5 minutes in prayer</p>	<p>19</p> <p>Clean your room without being asked</p>	<p>20</p> <p>Make a card and give it to someone who you wouldn't really chat too</p>	<p>21</p> <p>Write on a piece of paper, 'Today is a good day', write or draw why it is</p>
<p>Second Sunday of Lent 25</p> <p>Tell God something that happened to you today</p>	<p>26</p> <p>Draw a big star on a page. Now write your talents in it.</p>	<p>27</p> <p>Thank whoever made your lunch today</p>	<p>28</p> <p>Help a classmate today</p>	<p>29</p> <p>Call your Grandparents and tell them how much you love them</p>	<p>Mar 1</p> <p>Make some hearts and write messages in them. Give them out instead of hugs.</p>	<p>2</p> <p>Tell your parents or whoever cares for you how much you love them</p>
<p>Third Sunday of Lent 3</p> <p>Offer up a prayer for the homeless and lonely</p>	<p>4</p> <p>Do something that makes you feel good today, watch some TV, walk the dog, read a book or just spend time with a loved one.</p>	<p>5</p> <p>Put a few pennies in a charity box</p>	<p>6</p> <p>Have a night off from using your phone or social media</p>	<p>7</p> <p>Say a prayer for someone who is sick or in trouble</p>	<p>8</p> <p>Be helpful in the home with a happy heart</p>	<p>9</p> <p>Go for a family walk, wrap up warm</p>

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Forth Sunday 12 Of Lent Rejoice! Thank God for your mother on Mother's Day	11 Enjoy a family board game together.	12 Don't despair, be grateful for what you've got.	13 Say one nice positive thing to someone today	14 Do a random act of kindness for someone today	15 Don't be bad tempered, let it go!	16 Write down 3 things you are grateful for.
Fifth Sunday 17 of Lent ST Patrick's Day Beannachtaí na Féile Pa draig Ort Read the Story of St Patrick	18 Enjoy a sunset or a sunrise	19 Give your time to help a charity for example Trocaire or SVDP	20 Focus on what you can do, not what you can't do.	21 Look up to the sky and remember that we are part of something bigger	22 Set yourself a kindness mission to help others today	23 Be grateful for the little things even in difficult times.
Palm Sunday 24 Say a prayer together with your family	25 Say a Hail Mary today	26 Why is this week special? Draw a picture	27 List 3 things you like about yourself.	Maundy Thursday 28 Read the story of the Last Supper	Good Friday 29 Observe silence at 3 p.m. today in reverence for Jesus' sacrifice.	30 Keep vigil with Jesus as the soldiers did. Say prayers at bedtime.
Easter Sunday 31 Happy Easter, He is Risen Alleluia, Alleluia				<h1>St Bernadette's and Holy Rosary</h1>		