| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   | Saturday   | Sunday  |
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| Advent Calendar 2023 St Bernadette's & Holy Rosary Pastoral Councils  |   |   |  |  |  | 3 – It is the beautiful task of Advent to awaken in all of us memories of goodness and thus to open doors of hope." Isaiah 9:2-6 'The people walking in darkness have seen a great light; on those living in the land of deep darkness a light has dawned.' |
| 4 – Every time we open<br>our mouths and speak, we<br>are either saying let there<br>be light or let there be | 5 - Pray the rosary and carry it in your hands or in your pockets.  | 6 - Listen and be open to<br>the messages the<br>universe has to offer<br>today.  | 7 – Remember you are safe and surrounded by love and support.  | 8 – The Feast of the<br>Immaculate Conception.<br>Ask Mary to bless and<br>protect you this day.   | 9- Be gentle with yourself, you are doing the best you can.  | 10 - First keep peace with yourself, then you can also bring Peace to others.   |
| darkness.  "For it is by grace you have been saved, through faith Ephesians 2:8-9                             | "And the child grew and<br>became strong; he was<br>filled with wisdom, and<br>the grace of God was on<br>him."                     | "The Word became flesh<br>and made his dwelling<br>among us<br>John 1:14  | "and who through the Spirit of holiness was appointed the Son of God in power by his resurrection from the dead.  Romans 1:4-6 | Mary is called not just "blessed" <i>among</i> women, but "more blessed than all women' Luke 1:42.   | Who have been chosen according to the foreknowledge of God the Father 1 Peter 1:2  | A voice of one calling: "In the wilderness prepare the way for the LORD Isaiah 40:3-5   |
| 11 – Breathe in healing and exhale the painful things that burden your heart.                                 | 12 - What would happen if we prayed more and complained less?   | 13 - Every morning is a<br>blessing and a new<br>opportunity to make life<br>better. Don't waste it.                        | 14 - Celebrate the good qualities in others and yourself.  | 15 - We were given the gift of the Holy Ghost for a reason. He is our teacher, our comforter, our inspiration, and so much   | 16 – There are always silver linings to every situation no matter how bleak it might seem.   | 17 – Joy is not determined by how we feel, but by who God is and all He does.  The Magnificat, Mary's song of   |
| "Then a shoot will spring from the stem of Jesse, and a branch from his roots will bear fruit.  Isaiah 11:1-2 | But when the fullness of<br>the time came, God sent<br>forth His Son, born of a<br>woman, born under the<br>Law,<br>Galatians 4:4-5 | "But we do see Jesus, who was made lower than the angels for a little while, now crowned with glory and honor.  Hebrews 2:9 | In the beginning was the Word, and the Word was with God, and the Word was God.  John 1:1-5                                    |  | Oh send out thy light and thy truth; let them lead me, let them bring me to thy holy hill and to thy dwelling! Psalms 43:3-6         | praise: Mary said 'My soul glorifies the Lord and my spirit rejoices in God my Saviour, for he has been mindful of the humble state of his servant.  Luke 1:46-55   |
| 18 – A smile can brighten up your day, count how many people you smile at today.                              | 19 – Embrace the questions in your heart and welcome the answers in your own time.  | 20 – When you stop<br>learning, you stop<br>growing. So, strive to<br>learn something new<br>every single day.              | 21 - This time of the year can be lonely for some. Lift the phone and have a chat to someone you haven't spoken to in a while. | 22 – Do something for<br>someone else today.<br>Helping others is not just a<br>moral obligation, it is also a<br>positive thing for our well-<br>being.   | 23 – 'Advent is the Journey<br>towards Bethlehem. May we<br>let ourselves be drawn by<br>the light of God made man'.<br>Pope Francis | 24 Christmas Eve Love is a gift; a gift from God.   |
| The true light that gives light to everyone, was coming into the world.  John 1:9                             | For I know the plans I have for you," declares the Lord.  Jeremiah 29:11  | And when the time for the burning of incense came, all the assembled worshipers were praying outside.  Luke 1:10-14         | He was in the world, and the world was created through him, and yet the world did not recognize him.  John 1:10-13             | He will be a joy and delight to you, and many will rejoice because of his birth,  Luke 1:14-17   | In the beginning was the Word, and the Word was with God, and the Word was God.  John 1:1-8  | And the angel said to them,<br>Fear not, for behold, I bring you<br>good news of great joy that will<br>be for all the people.<br>Luke 2:10-11  |
| 25 – Christmas Day<br>LET THE HEAVENS<br>REJOICE AND THE<br>EARTH BE GLAD.                                    |   |   |  | A CONTRACTOR OF THE PARTY OF TH | WAR AND SEA COURT OF SEA   |   |



For unto you is born this day in the city of David a Saviour, who is Christ the Lord.

Luke 2:8-14

