

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | | | <p style="text-align: center;">Mar 2 Ash Wednesday</p> <p>Above all Lord, today we pray and fast for peace in Ukraine.</p> <p>The Lord is a refuge for the oppressed, a stronghold in times of trouble Psalm 9:1-10</p> | <p style="text-align: center;">Mar 3</p> <p>Give someone in despair a sense of hope today.</p> <p style="text-align: center;">I can do all things through him who strengthens me! Philippians 4:13</p> | <p style="text-align: center;">Mar 4</p> <p>Examine the effects of your ambition. Credit the hard work of others.</p> <p style="text-align: center;">Humble yourselves, therefore, under God's mighty hand, that he may lift you up in due time 1: Peter 5:6</p> | <p style="text-align: center;">Mar 5</p> <p>Today, wherever you go, carry the intention of peace, love, and harmony in your heart.</p> <p style="text-align: center;">For where your treasure is, there your heart will be also Matthew 6:21</p> |
| <p><i>First Sunday of Lent</i> 6</p> <p>The WORD of God is love. Say "I love you" to one you rarely do.</p> <p>The Lord is good to those whose hope is in him, to the one who seeks him Lamentations 3:25</p> | <p style="text-align: center;">Mar 7</p> <p>Who needs your welcome and acceptance? Offer it warmly.</p> <p>Wait for the Lord; be strong and take heart and wait for the Lord Psalm 27:14.</p> | <p style="text-align: center;">Mar 8</p> <p>Be so happy that when others look at you, they become happy too.</p> <p style="text-align: center;">And put no difference between us and them, purifying their hearts by faith. Acts 15:9</p> | <p style="text-align: center;">Mar 9</p> <p>Say an act of contrition. Make amends to one person you've offended.</p> <p>Return to me with your whole heart JL 2:12</p> | <p style="text-align: center;">Mar 10</p> <p>Lend a helping hand to one who usually serves you.</p> <p style="text-align: center;">Teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age Matthew 28:20</p> | <p style="text-align: center;">Mar 11</p> <p>Refrain from ridiculing the dreams of others. Realise a dream of your own.</p> <p>But you must return to your God; maintain love and justice, and wait for your God always Hosea 12:6</p> | <p style="text-align: center;">Mar 12</p> <p>The proof of love is in the works. Where love exists, it works great things. But when it ceases to act, it ceases to exist.</p> <p>But seek first his kingdom and his righteousness, and all these things will be given to you as well Matthew 6:33</p> |
| <p style="text-align: center;">Mar 13</p> <p>Breathe in the wisdom of the Spirit before today's choices.</p> <p>Consider what I say, for the Lord will give you understanding in everything. Timothy 2:7</p> | <p style="text-align: center;">Mar 14</p> <p>Today's goals Start with God Stay with God End with God</p> <p>Sanctify them in the truth; your word is truth John 17:17</p> | <p style="text-align: center;">Mar 15</p> <p>Show your lighter side today and be a joy for others.</p> <p style="text-align: center;">I wait for the Lord, my whole being waits, and in his word I put my hope. I wait for the Lord more than watchmen wait for the morning Psalm 130:5-6</p> | <p style="text-align: center;">Mar 16</p> <p>In return for healing love you've received, offer it to others.</p> <p>Look, you are well. Do not sin anymore JN 5:14</p> | <p style="text-align: center;">Mar 17 ST Patrick's Day</p> <p>May the choicest blessings of St Patrick always be with you. May happiness, good luck and good health be yours forever.</p> <p>Then you will call on me and come and pray to me, and I will listen to you. Jeremiah 29:12</p> | <p style="text-align: center;">Mar 18</p> <p>God is not interested in your art but, your heart.</p> <p>If you ask me anything in my name, I will do it. John 14:14</p> | <p style="text-align: center;">Mar 19</p> <p>Give someone the chance to learn a skill from you.</p> <p>Knock and the door will be open to you MT 7:7</p> |
| <p><i>Third Sunday of Lent</i> 20</p> <p>Offer a handshake of peace to one chained in hate.</p> <p style="text-align: center;">Love your enemies MT 5:44</p> | <p style="text-align: center;">Mar 21</p> <p>A quiet heart is a continual feast.</p> <p>Then you will call on me and come and pray to me, and I will listen to you. Jeremiah 29:12</p> | <p style="text-align: center;">Mar 22</p> <p>You are never in control of what happens around you, but you are always in control of what happens within you.</p> <p>I tell you, Nay: but, except ye repent, ye shall all likewise perish. Luke 13:3</p> | <p style="text-align: center;">Mar 23</p> <p>Follow your intuition, it will always lead you to the right destination.</p> <p>And I set my face unto the Lord God, to seek by prayer and supplications, with fasting, and sackcloth, and ashes Daniel 9:3</p> | <p style="text-align: center;">Mar 24</p> <p>Let your faith be bigger than your fears, have faith, success will be near.</p> <p>For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life John 3:16</p> | <p style="text-align: center;">The Annunciation 25</p> <p>Angel Gabriel tells Mary that she will give birth to Jesus. Say the Rosary with love.</p> <p>O LORD, I remember Your name in the night, and keep Your law. Psalm 119:15</p> | <p style="text-align: center;">Mar 26</p> <p style="text-align: center;"><i>I BELIEVE, and therefore, anything is possible.</i></p> <p>And saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel Mark 1:15</p> |

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| <p><i>Fourth Sunday of Lent</i> 27</p> <p>You're braver than you believe and stronger than you seem, and smarter than you think.</p> <p>I am he who blots out your transgressions for my own sake, and I will not remember your sins Isaiah 43:25</p> | <p>Mar 28</p> <p>He who kneels before God can stand before anyone.</p> <p>And he made no distinction between us and them, having cleansed their hearts by faith ACTS 15:9</p> | <p>Mar 29</p> <p>Mornings are better when you talk to God first.</p> <p>No, I tell you; but unless you repent, you will all likewise perish LUKE 13:3</p> | <p>Mar 30</p> <p>Father help me to seek you daily. Your will. Your plan. Your strength.</p> <p>Let not your hearts be troubled Believe in God; believe also in me. John 14:1</p> | <p>Mar 31</p> <p>When God is all you have, then you have what you only need.</p> <p>Then was Jesus led up of the Spirit into the wilderness to be tempted of the devil Matthew 4:1-25</p> | <p>1st April</p> <p>A beautiful day begins with a beautiful mind set.</p> <p>Give and gifts will be given to you LK 6:38</p> | <p>Apr 2</p> <p>When you focus on the good, the good increases.</p> <p>Whoever wishes to be great among you will be your servant MT 20:26</p> | | | |
| <p><i>Fifth Sunday of Lent</i> 3</p> <p>During Lent, let us find concrete ways to overcome our indifference - Pope Francis</p> <p>He was lost and has been found LK 15:24</p> | <p>Apr 4</p> <p>Apart from the cross, there is no other ladder by which we may go to heaven.</p> <p>You know me and also where I am from JN 7:28</p> | <p>Apr 5</p> <p>Have patience with all things, but first of all with yourself.</p> <p>To you I have entrusted my cause JER 11:20</p> | <p>Apr 6</p> <p>Each day is an opportunity for joy.</p> <p>I say only what the Father has taught me JN 8:28</p> | <p>Apr 7</p> <p>Prayer does not change the purpose of God. But prayer does change the action of God.</p> <p>I will put my spirit in you that you may live EZ 37:14</p> | <p>Apr 8</p> <p>Trust the timing of your life.</p> <p>The Lord looks into your heart 1 SM 16:7</p> | <p>Apr 9</p> <p>When things change inside you, things change around you.</p> <p>For God alone, O my soul, wait in silence, for my hope is from him Psalm 62:5</p> | | | |
| <p><i>Palm Sunday</i> 10</p> <p>Let all your dreams be fulfilled.</p> <p>Took branches of palm trees, and went forth to meet him, and cried, Hosanna: Blessed [is] the King of Israel that cometh in the name of the Lord John 12:13</p> | <p>Apr 11</p> <p>It always seems impossible until it's done.</p> <p>After this, Jesus, knowing that all was now finished, said (to fulfill the Scripture), "I thirst John 19:28</p> | <p>Apr 12</p> <p>If I cannot do great things, I can do small things in a great way.</p> <p>Your word I have treasured in my heart, That I may not sin against You Psalm 119:11</p> | <p>Apr 13</p> <p>May you live every day of your life.</p> <p>I have set the LORD continually before me; Because He is at my right hand, I will not be shaken Psalm 16:8</p> | <p>Maundy Thursday 14</p> <p>Let God's promises shine on your problems.</p> <p>A new commandment I give to you, that you love one another: just as I have loved you, you also are to love one another John 14:6</p> | <p>Good Friday 15</p> <p>Observe silence at 3 p.m. today in reverence for Jesus' sacrifice.</p> <p>He came and took his body JN 19:38</p> | <p>Apr 16</p> <p>The world is waking up after a long winter. Easter is a time to celebrate life!</p> <p>For by grace you have been saved through faith. And this is not your own doing; it is the gift of God Ephesians 2:8</p> | | | |
| <p>Easter Sunday 17</p> <p>We are destined for glory. Spread the Good News and follow God's way!</p> <p>He had to rise from the dead JN 20:9</p> | <p>Let Light Shine Out of Darkness</p> | | |  | | | <p>St Bernadette's and Holy Rosary Parish Pastoral Councils</p> | | |