



Parish of St. Bernadette

Eighth Sunday of the Year (C) 3rd. March 2019. Vol.16 No. 28.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023 Option 1.

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration

Tuesday from **9a.m.** to **7.15p.m.**

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

Notices for the Parish Bulletin should be sent by **e-mail only** to: info@stbernadettesparish.org

First Reading (Ecclesiasticus 27:4-7) Each of us is called to live an upright life. A key self-assessment is the quality and kindness of our speech. A great deal can be judged from how we habitually speak about others.

Second Reading (Corinthians 15:54-58) To be a Christian is to be victorious - even over death. There are many skirmishes along the way, but we press on bravely, sure of God's help in Christ.

Gospel (Luke 6:39-45) The twin foundations of hypocrisy, as Jesus presents it in this Gospel reading, are judging others more harshly than we judge ourselves, and presenting a virtuous face to the world while being wicked or indifferent on the inside. ©Intercom

✠ The Season of Lent

Ash Wednesday is **6th. March** and marks the beginning of the **Season of Lent** which is seen in the Church as a journey of faith, a time of renewal and our acceptance of Christ's call to take up our cross and follow Him, the Way, the Truth, and the Life. **Lent challenges us to seek changes in our lives so that we may come closer to God and each other.**

Ash Wednesday is a day of **Fast & Abstinence**. Ashes will be blessed and distributed at the **9.30a.m. & 7.30p.m. Masses**. This Holy Season of Lent is an opportunity for each of us to reflect on how we will respond to the words "**Turn away from sin and be faithful to the Gospel**" spoken as ashes are placed on our foreheads.

Each **Saturday** during **Lent**, **Stations of the Cross** will take place at **5.45p.m.** It is surely one of the most important devotions honouring the Passion of Jesus. By accompanying him on the Way of the Cross, we gain his courageous patience and learn to trust in God.

☀ Reflection

...our judgements should be like those of Jesus...: judging to save and help, not to knock down and destroy. If we are to avoid blindness we need to walk in the footsteps of people who can see...to acknowledge our own blindness, our blind spots, our myopia, our astigmatism of prejudice and lack of objectivity. ©1999- 2019 Living Space

Reflections on the daily **Mass** readings during **Lent** are available at the back of the church. The Parish Pastoral Council has also produced the attached **Lenten calendar**. It only takes a few moments to read them each day. Anything which helps to direct our minds to a greater spiritual preparation for Easter is more than worthwhile.

Our Faithful Departed ✠

Anniversaries

Brian Coney, Mark Corr, Edwin Gray, Jackie Polley, Kathleen Fitzpatrick.

May the Lord grant them eternal rest.

Names for inclusion in the weekly Anniversary List of the Dead should be submitted at least one week in advance to: info@stbernadettesparish.org

Bereavement Support

On **Tuesday 5th. March** at **8.15p.m.** in the **Parish Centre**, we warmly invite you to a talk "**Coping with Grief**" with **Fr. Martin Magill** recounting the grief he has encountered in his work with The Four Corners Festival. Members of the Bethany Group will be available afterwards. Light refreshments will be served. Everyone will be very welcome.

Preparing for Easter ✠✠

The **Parish Pastoral Council** warmly invite you to participate in a Lenten programme entitled "**Let it be Done Unto Me**" presented in DVD format, followed by a short discussion. We will explore the importance of Mary's role in the Church and in each of our lives as she is the one **Chosen By God, The First Disciple, Mother of All, the Queen of Heaven and Help of Christians**. The programme will run from **Monday 11th. March** until **Monday 8th. April** beginning at **8.15p.m.** and finishing around **9.30p.m.** in **St. Bernard's School Hall**. The programme is free of charge. There is a book that accompanies the course. This will be available to purchase on the first evening at a cost of £2. Please make every effort to attend. Parishioners from other Parishes will also be most welcome.

We are all pilgrims on a journey to you, Lord. May we contemplate your time on earth, and, with Your help, follow in your footsteps.



Parish Collections

Last week's collection amounted to **£1,535**. Sincere thanks for your generosity.

The monthly collection for the **Support of the Priests** takes place this weekend.



Retirement Association

Thursday 7th. March - Weekly Walk. Meet in the church car park at **10.15a.m.**

Friday 8th. March - Ten Pin Bowling at the Ice Bowl, Dundonald from **10.30 - 11.30a.m.** £2 per game.

Tuesday 19th. - Thursday 21st. March - Our annual trip to **Malahide**. Cost €187 p.p.s bed & breakfast basis for two nights (including dinner on Tuesday). Single room occupancy €262. For Bookings, please contact **Geraldine** Tel. **078459 33371**.

Wednesday 27th. March - "The Sound of Music" with **St. Agnes Choral Society** in the **Grand Opera House** at **7.30p.m.** Limited tickets: £31 each. Contact **Anne** Tel. **9064 3031** as soon as possible. Early booking is essential.



Apostolic Workers

We will meet in the **Parish Centre** after morning Mass on **Wednesday 7th. March**. New members will be made most welcome! Please help us to help the Missions!



Parish Centre News

For information & bookings: Tel. **9040 1169** or call in and speak to **Paul** on weekdays from **9a.m. to 1p.m.**

Monday

10.15a.m. Drop in for tea/coffee & a chat after Mass.
10.30a.m. Mothers & Toddlers.
7.30p.m. - 8.30p.m. Pilates Class.
8p.m. Indoor Bowling Club.
8.30p.m. - 9.30p.m. Pilates Class.

Tuesday

7p.m. - 8p.m. Zumba Class.

Wednesday

10.30a.m. Mothers & Toddlers.
8p.m. - 9.15p.m. Yoga Class.
8p.m. Taekwondo.

Thursday

10a.m. - 11a.m. Yoga For All. Limited spaces still available! Contact **Rachel** Tel. **07802 469676** or email: **rachelaoverton@gmail.com**

Friday

9.30a.m. - 10.30a.m. Pilates Class.
7p.m. Youth Club. Registered members only!

Saturday

10a.m. Taekwondo.
1.30p.m. Junior Badminton.

Rosetta 2-4 After School Club

From **Monday - Friday** for P1 - P7 children from **2p.m. - 4p.m.** Contact **Sinead** Tel. **07816 779910**.

Mass cards for the deceased, Confirmation cards, First Holy Communion Cards, and Mass Bouquets are available for purchase in the Sacristy after Mass price £1.50 each. **Seven Day Candles** can be placed at **Our Lady's Shrine** & the **Sacred Heart Shrine**. £5 each available from the Sacristy after Mass.

Ministers of the Eucharist



March - Group 1.

Team Leader - **Maura Presley**.

Ministers of the Word



Sunday 10th. March.

Group 11.

500 Club



Congratulations to the lucky winners in the Draw for **Week 24: Isabel Torres & Maura Foster**. Each receives **£50**

We offer a confidential, non-judgemental service to vulnerable individuals and families who are in great need. We can provide direct financial assistance and essential items such as food, fuel, and household items. Do you need our help? Tel. **9035 1561**

Latest News



Diocesan Pilgrimages



The **Annual Diocesan Pilgrimage to Lourdes** will take place from **July 9th. - 16th**. Prices per person sharing:
5 nights - July 10th. - 15th. £650.

7 nights - July 9th. - 16th. £725.

Youth Team July 7th. - 16th. £590 (age 16 - 25).

Full board for sick & infirm pilgrims with medical & nursing care in Accueil Notre Dame: **5 nights - July 10th. - 15th. £550**. All flights from Belfast International. Further information for sick and infirm pilgrims from the **Pilgrimage Office** Tel. **9077 0162** or contact us by email to: **dcpilgrimage@gmail.com**. A limited number of application forms are available from the Sacristy.

NURSES! We need volunteers to join our nursing team to care for our pilgrims who will stay at the Accueil Notre Dame from 10th.-15th. July. Registered nurses active on the NMC live register & newly registered nurses are welcome. For more information, please send your contact details to: **lourdes@downandconnor.org**

The **Annual Diocesan Pilgrimage to Fatima** led by Bishop Noel Treanor from **15th. to 22nd August**. 7 nights full board in the Hotel Avenida: £715 includes tax & insurance. Pilgrimage Directors Fr. G. McCloskey PP & Fr. S. Gilmore PP. For bookings and further details please contact **Joe** Tel. **9071 4001** or **077764 25631**.

This Lent your love can help change lives.

This is the season for solidarity with the poor and underprivileged. During 2017-2018, we spent £62.8m to support over 2.8 million people in over 20 countries across Latin America, Asia, the Middle East and Africa. 92p in every £1 donated goes directly to our charitable activities. Lenten Boxes are now available in the church. Please take one home with you and return it at the Mass of the Lord's Supper on Holy Thursday.



What's On!



March 15th. 'Strictly Come Dancing' in **Drumbo Parish Centre** at 7.30p.m. hosted by the Down & Connor Youth Team. Tickets £15 each from the Parish Office Tel. **9081 2238 Option 2**. All money raised will go to the Lourdes Pilgrimage Fund.