



Parish of St. Bernadette

Fourth Sunday of the Year (C) 3rd. February 2019. Vol.16 No. 24.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023 Option 1

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration

Tuesday from 9a.m. to 7.15p.m.

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

Notices for the Parish Bulletin should be sent by *e-mail only* to: info@stbernadettesparish.org

First Reading (Jeremiah 1:4-5,17-19) This reading makes it clear that God both gifts and calls. The prophet has been formed, consecrated and appointed for a task. He will require courage and trust.

Second Reading (1 Corinthians 12:31-13:13) What is the criterion of authenticity regarding spiritual gifts? How can we tell the real from the fake? Paul gives us an over-arching criterion: love. If there is genuine love, then all gifts will be used in a genuine way.

Gospel (Luke 4:21-30) It is no accident that the opening words of Jesus' first public teaching in this Gospel refer to 'today.' Luke's Gospel is all about what God is doing, in Jesus, today, at this time. ©Intercom



Reflection

Like Paul, St. Peter also puts love at the top of the list. He sees love as being the most powerful force in the world. It's so powerful, in fact, that it "covers a multitude of sins" (1 Peter 4:8). Love understands all of this and can heal all of this - even the mistakes and poor judgments that are more a matter of bad choices than sins. If you have been hurt, remember that your love can bring healing, both to yourself and to the one who hurt you. Even if your love is partial or tinged with some regret or a bit of anger, it can still make a difference. Jesus always sees the love, and he always blesses it. Love is not about being perfect. It's about trying our best and asking forgiveness when we fall.

In prayer today, ask Jesus to fill you with the desire and the strength to love with the same love that he has for you. Try to be quick to love, quick to forgive, and quick to ask forgiveness. Remember, love always wins. "Lord, teach me to love more deeply each day." © Maurice Blumberg



Children's Liturgy

The Children's Liturgy takes place each Sunday at the 12p.m. Mass. The priest will invite the children from P2 to P5 to go to the Children's Liturgy Room at the beginning of Mass and return to their parents /guardians after the Homily. Story-telling and art are used as ways to help the children to understand the meaning of God's word. We need new leaders & helpers. Diocesan Child Protection procedures apply. If you would like further information, please contact Margaret Tel. 077875 61178 .

Our Faithful Departed



Anniversaries

Noel Quinn, John Burns, Nan Murtagh, Fr. Fred MacSorley, Nellie Cunnane, Lena Murtagh, Elizabeth Kelly, Billy Colquhoun.

May the Lord grant them eternal rest.

Names for inclusion in the weekly Anniversary List of the Dead should be submitted at least one week in advance to: info@stbernadettesparish.org

Confirmation



Bishop Noel Treanor, will preside at the Sacrament of Confirmation for the boys & girls of Primary 7 of St. Bernard's P.S. And Loughview Integrated P.S. on Monday 11th. February at 4p.m. Please remember the children in your prayers on the occasion of this important milestone in their young faith lives.

Eucharistic Adoration



Adoration of the Blessed Sacrament continues on Tuesday in the Lourdes Chapel from 9a.m. until 7.15p.m. New volunteers are needed to attend throughout the day so that someone is always present before the Blessed Sacrament. Why not drop in for a few minutes of quiet reflection, away from the rush of daily life, say a silent prayer for your own personal intentions or for those who need you to pray for them, or just sit and rest in the very presence of the Lord?

Pray For Those In Need



Please remember to pray daily for someone who may be sick, lonely or depressed, those who have suffered bereavement, and all who are in need of your prayers! Seven-day candles for Our Lady's Shrine or the Sacred Heart Shrine are available from the Sacristy. Price £5. "I Lit A Candle For You" prayer intention cards are also available price £1 each.

Please be aware that LIVE Streaming of all Masses via the Parish Website takes place in this Church. Visit: www.stbernadettesparish.org and click on "Watch Live".



Parish Collections

Last week's collection amounted to **£1,799**. Sincere thanks for your generosity.

The monthly collection for the **Support of the Priests** takes place this weekend.



Retirement Association

Thursday 7th. February - Weekly Walk. Meet in the church car park at 10.15a.m.

Friday 8th. February - Ten Pin Bowling at the Ice Bowl, Dundonald from 10.30 - 11.30a.m. Concession rate £2 per game.

Wednesday 20th. February - N.I. Opera & the Lyric Theatre present "Sweeney Todd, The Demon Barber of Fleet Street" at 7.45p.m. Tickets £10. To book a ticket, please contact Anne Tel. 9064 3031.



Apostolic Workers

We will meet in the **Parish Centre** after morning Mass on **Wednesday 6th. February**. New members will be made most welcome! Please help us to help the Missions!



Women's Group

The ladies of St. Bernadette's are invited to a **Visitors' Night** in **St. John's Presbyterian Church Hall** on Knockbreda Road on **Monday 11th. February** at **7.30p.m.** The guest speaker will be **Deane Houston MBE**, former CEO of the Blind Centre. If you would like to attend, please contact **Marie** Tel. 9079 2226 for catering purposes.

Thinking about volunteering in 2019? **Parkinson's UK** has roles that require just a couple of hours of your time per month. Please contact **Emma** Tel. 0797 686 6649 for a no obligation chat to kick start your volunteering journey or send an email to: emckeown@parkinsons.org.uk.



Parish Centre News

For information & bookings: Tel. 9040 1169 or call in and speak to Paul on weekdays from 9a.m. to 1p.m.

Monday

10.15a.m. Drop in for tea/coffee & a chat after Mass.
10.30a.m. Mothers & Toddlers.
7.30p.m. - 8.30p.m. Pilates Class.
8p.m. Indoor Bowling Club.
8.30p.m. - 9.30p.m. Pilates Class.

Tuesday

7p.m. - 8p.m. Zumba Class.
8p.m. - 9.15p.m. Yoga Class.

Wednesday

10.30a.m. Mothers & Toddlers.
8p.m. Taekwondo.

Friday

9.30a.m. - 10.30a.m. Pilates Class.
7p.m. Youth Club. Registered members only!

Saturday

10a.m. Taekwondo.
1.30p.m. Junior Badminton.

Rosetta 2-4 After School Club

From **Monday - Friday** for P1 - P7 children from **2p.m. - 4p.m.** Contact **Sinead** Tel. 07816 779910.

Ministers of the Eucharist



February - Group 4.

Team Leader - Anne Sharvin.

Ministers of the Word



Sunday 10th. February.
Group 7.

500 Club



Congratulations to the winners in the Weekly Draw.
Week 20: Kathleen Hughes & Mary Jane Carswell.
Each receives £50

We offer a confidential, non-judgemental service to vulnerable individuals and families who are in great need. We can provide direct financial assistance and essential items such as food, fuel, and household items. Do you need our help? Tel. 9035 1561

Latest News



Vocations



Why not take time to explore and reflect on becoming a priest. Join us at the **Vocations Weekend** in **Drumalis Retreat Centre, Larne** from **Friday 15th. to Sunday 17th. February**. "Ask Jesus what he wants from you and be brave!" (Pope Francis). If you wish to attend or would like further information please contact: **Fr. Kevin** Tel: 9061 4567; Email: vocations@downandconnor.org

"How marvellous it would be at the end of the day if each of us could say: today, I have performed an act of charity towards others" (Pope Francis). We are seeking volunteers in the Diocese of Down and Connor to bring social justice alive in their Parishes. For more information, please contact Maria Tel. 9080 8036 or by email to: maria.kane@trocaire.org



What's On!



February 3rd. The much - acclaimed film about Pope Francis: "**A Man of his Word**", will be shown in **Holy Rosary Community Centre** at **7p.m.** An opportunity not to be missed. All welcome!

February 6th. "What's so Good about Virtue Ethics?" with Fr. James Keenan, SJ, a moral theologian who serves as Canisius Professor and Director of the Jesuit Institute at Boston College, in the **Holy Rosary Community Centre** at **7.30p.m.** All are welcome!

February 10th. Bingo in **Holy Rosary Community Centre** at **6.45p.m.** Organised by members of Rosario YFC & Bredagh GAC. Proceeds will go to the Community Centre Building Fund. Light refreshments available. All are welcome come along and try your luck!

March 1st. 30th Anniversary 'Homegrown' Concert celebrating the work of **TinyLife**, the premature baby charity at 8p.m. in Clonard Monastery including: **The Priests, Karl McGuckin, Malachi Cush, Andrea Begley, Eimear McGeown, Niamh Perry, St Dominics Grammar School Choir & Special Guest, Phil Coulter.** Tickets £20 available from **Clonard Reception** or **TinyLife** Tel: 9081 5050 or www.buytickets.at/tinylife. Due to the large demand for tickets, early booking is advisable.