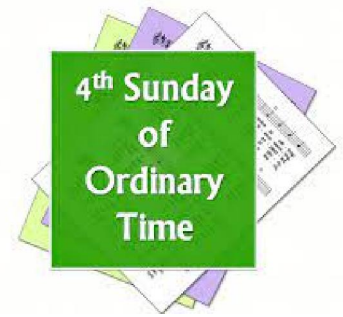




The Season of  
ORDINARY TIME

# Parish Bulletin



PARISH OF  
HOLY ROSARY



PARISH OF  
ST BERNADETTE



Sunday Cycle C Psalter Week 4  
Fourth Sunday in Ordinary Time  
30th January 2022

## SUNDAY MASS TIMES

St Bernadette's Parish Vigil 6.00pm & 11am  
Holy Rosary Parish 9am, 10.30am & 12.30pm

## Weekday Mass Times

St Bernadette's Parish: Mon, Tues & Wed 9.30am  
Holy Rosary Parish: Thurs, Fri & Sat 10am

Given the current public health emergency the [Dispensation from the Obligation to attend Mass](#) has been extended UNTIL FURTHER NOTICE. The faithful are encouraged, but not required, to attend Sunday Mass whenever possible or to participate in live-streamed Parish Masses offered online.

Visit [www.stbernadettesparish.org](http://www.stbernadettesparish.org) and Click on "Watch Live" for St Bernadette's Parish.

[www.holyrosaryparishbelfast.net](http://www.holyrosaryparishbelfast.net) for Holy Rosary Parish and click on the webcam

## Church Opening Times for Private Prayer

St. Bernadette's Parish: Mon, Tues, Wed 10.00 – 12 noon  
Holy Rosary Parish: Thurs, Fri, Sat 10.30 – 12 noon

## FIRST FRIDAY VISITS TO THE SICK & HOUSEBOUND

(First Friday) Visits to the sick, housebound and those in nursing homes are currently **suspended** given the ongoing concerns over the Omicron variant of Covid-19 and the increased risk of transmission. Home visitation will be resumed as soon as it is safe to do so.

## Emergency sick calls are still taking place.

As a parish community let us support those who are sick, housebound or in residential care, through our prayers and perhaps even a phone call if appropriate.

## PARISH CONTACT DETAILS

☎ (028) 90793023  
[stbernadettes@downandconnor.org](mailto:stbernadettes@downandconnor.org)

Fr. Brendan Hickland, PP  
☎ (028) 90642446  
[b.hickland@downandconnor.org](mailto:b.hickland@downandconnor.org)

Fr. Michael Spence, CC  
☎ (028) 90793023  
[m.spence@downandconnor.org](mailto:m.spence@downandconnor.org)

## SAINTS OF THE WEEK

Mon 31st Jan St. John Bosco  
Tue 1st Feb St. Brigid



Wed 2nd Feb The Presentation of the Lord  
Thur. 3rd Feb St. Blaise  
Sat. 5th Feb St. Agatha

## OUR FAITHFUL DEPARTED

### Recently Deceased:

Jackie Burns, James Donnelly,  
Winnie McGurk, Sr. Marie Goretti (Collins),  
Alice Griffin, James O'Flaherty, Teresa  
Shannon, Hugh (Joe) Magee, Eileen Tierney (6pm).



### Anniversaries:

Tom Conaghan (11am), Jack Ward, Seamus Boyle, James & Mary McCafferty (9am).

St Bernadette's Bethany Bereavement Support Group ☎ 07733773758

Holy Rosary's Bethany Bereavement Support Group ☎ 07818090323

## ST. BERNADETTE'S PARISH FINANCES

Weekly Collections (23rd Jan) £1,318.25

Many thanks to all those who have been able to contribute to the parish finances through a standing order, PayPal, or parish envelopes.



## SVP

Many thanks to Parishioners and our local schools for their tremendous response and generosity towards our Christmas appeal and their continual generosity throughout the year.

Without your help our work would not be possible.

Donations can continue to be made online at [www.SVPNI.co.uk](http://www.SVPNI.co.uk) or telephone 02890750161.

If you require assistance, please telephone SVP Regional Office at 02890351561 and you will be directed to one of our Conference Members.



See online bulletin for children's activities.

# COVID-19 & FACE MASKS IN CHURCH



1. Face coverings must be worn by all while entering and exiting the Church – this is a legal requirement.

**In the interests of the common good and for everyone's well-being we ask that:**

2. Face coverings continue to be worn by all when moving around the Church, at Communion time and at other times when social distancing is difficult.
3. **Face coverings are strongly recommended at all other times, even when seated.**

## UNLOCKING THE MYSTERY OF THE BIBLE



The Bible is at the heart of our faith and our relationship with God. Reading the Bible should bring us closer to Christ, but many people find it hard to even begin. Unlocking the Mystery of the Bible is an **8 Week online programme** written by Jeff Cavins and facilitated by the Living Church office. Course participants will receive a resource pack and connect online for a time of teaching, discussion and prayerful reflection.

There are **three groups available:**

- Wednesday Morning at 11am beginning on Wednesday 12th January
- Wednesday Evening at 7pm beginning on Wednesday 12th January
- Monday Evening at 7pm beginning on Monday 17th January

To register you can complete an online form <https://forms.office.com/r/g3FWFK5x8w> or e-mail [a.steen@downandconnor.org](mailto:a.steen@downandconnor.org)

Come and join us for a programme will give you a way to read the bible, understand it and so experience its life changing power.

## 4 CORNERS FESTIVAL (JAN 30<sup>TH</sup> – FEB 6<sup>TH</sup> 2022)

The 4 Corners Festival 2022 is a 10th Anniversary celebration that begins in St Anne's Cathedral and ends in St Peter's. This year the week long series of thought-provoking events will be around the theme Common Ground, Common Good. We are particularly excited to present Dr Austen Ivereigh, the Pope's biographer and collaborator, at our opening event *Let Us Dream*; Carl Frampton talking to us in *Carl At Clonard*; and the Archbishop of Canterbury closing the festival at *Come And Live On Common Ground*. There's sure to be something to pique your interest at this unique Christian Festival. Come and join us between January 30th and February 6th, somewhere across Belfast's four corners or online. Browse events at <https://4cornersfestival.com/>

## ST. BLAISE (3<sup>RD</sup> FEBRUARY)

### The Prayer for the Blessing of Throats

Tradition says that St. Blaise was a physician before becoming a bishop. He was reputed to have miraculously cured a little boy who nearly died because of a fishbone in his throat. For centuries he has been invoked on behalf of the sick, especially those afflicted with illnesses of the throat.

*"Through the intercession of St. Blaise, bishop and martyr, may God deliver you from all ailments of the throat and from every other evil. In the name of the Father, & of the Son, & of the Holy Spirit. Amen."*



## COVID RESTRICTIONS

You will be aware that the NI Executive announced changes to Covid-19 related regulations and guidance last week. These changes are effective 20 January and 26 January with the promise of a further review in early February. Confusion has been caused by the way these changes have been reported, including the use of phrases such as the 'ending of most restrictions.'

Currently, the advice and guidance on best practice for places of worship remains unchanged and in place. The Diocese will continue to monitor this advice and to engage with the public health authorities. As previously, any changes will most likely follow a meeting between the "Inter-Faith group" and Executive representatives.

## CATHOLIC SCHOOLS WEEK: 23<sup>RD</sup> - 30<sup>TH</sup> JAN. 2022

The theme for this year is: *Catholic Schools: Living Life to the Full*. The focus is on living our lives with the hope of a brighter tomorrow and on reconnecting and re-engaging with the wider community as the country opens up and pandemic restrictions are reduced. On Wednesday 26<sup>th</sup> Grandparents' Day was celebrated. Resources for Catholic School Week are available online at [www.catholicschools.ie](http://www.catholicschools.ie)

## HOLY ROSARY FOOD BANK

Donations to the Foodbank are gratefully received as the demand for this service continues to grow. On behalf of the families and individuals who are supported, many thanks.

## MINISTERS OF THE WORD ROTA

Hard copies of the rota are available from the sacristy for those who have not received an electronic copy.

## SACRAMENT OF RECONCILIATION

In the current Covid situation it is not possible to use the confessional box, but the sacrament of reconciliation is available on request in the sacristy after Mass or at the door of the parochial house.



**Anam Cara** Belfast, the organisation that supports bereaved parents, is holding its monthly Parent Evening for bereaved parents on Monday 14th February at 7:30pm in the Crowne Plaza Hotel, Belfast. This event is free & open to all bereaved parents regardless of the age your child died, the circumstances of their death, or whether their death was recent or not. We also offer an online meeting taking place Monday 21st February at 7pm. To join please contact us on 028 95213120

## DRUMALIS RETREAT & CONFERENCE CENTRE

**"Spiritual Challenges in Later Life" with Sr Una Agnew SSL PhD**  
hosted by Drumalis via Zoom from 11:00 am – 12:15 pm (25 Jan, & 1, 8, 15 & 22 Feb 2022)

"Spiritual well-being in later life is a potential that needs to be explored even as it is happening within us and among us. During this series, we will explore together this rich season of grace that we call ageing."

Suggested Donation: £50 per person. For further details or to book a place, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28272196/28276455 or email [drumalis@btconnect.com](mailto:drumalis@btconnect.com)

**"Patrick Kavanagh – A Poet for Spring" with Sr Una Agnew SSL PhD**  
hosted by Drumalis via Zoom from 11:00 am – 12:15 pm (2, 9 & 16 March 2022)

"As we embark on the season of spring, we celebrate in poetry the way Kavanagh senses the stirrings of his soul as the earth comes alive in Spring. His liturgy of the seasons enhances his poetic pilgrimage from Monaghan to the Grand Canal." Suggested Donation: £30 per person. See contact details above.



# CHILDREN'S CORNER



A	R	E	D	F	S	U	H	T	E
N	N	U	E	D	A	E	O	N	L
N	W	G	R	S	A	M	A	N	I
T	O	O	U	L	W	I	I	W	P
E	W	G	C	Y	C	O	O	N	S
H	S	A	N	I	A	R	D	O	E
P	T	N	S	O	H	D	N	I	A
O	U	Y	R	T	N	U	O	C	W
R	H	S	R	E	P	E	L	T	A
P	S	D	E	G	A	R	N	E	Y

SYNAGOGUE	WORDS	PHYSICIAN
LIPS	HEAL	PROPHET
COUNTRY	WIDOWS	SHUT
FAMINE	LEPERS	NONE



## Fourth Sunday of Ordinary Time "God's Good News"



"Amen, I say to you, no prophet is accepted in his own native place."  
Luke 4:20-30

## Fourth Sunday of Ordinary Time "God's Good News"

### The Word of God

Read the sentences below. Then find the underlined words in the word search. You can look across, diagonally, up, down, and backwards.

C	P	W	I	S	D	O	M	D	A	G
B	H	O	L	Y	B	O	O	K	G	O
E	E	R	U	T	P	I	R	C	S	S
C	O	D	W	A	L	F	B	D	K	P
A	L	E	T	T	E	R	Q	L	Y	E
R	N	M	Z	Y	A	R	P	O	E	L
G	L	I	S	T	E	N	P	S	L	N



It is important to pray before reading God's Word.

Other words or phrases we use for Bible are Holy Book, Scripture, God's Word.

The two main parts of the Bible are the Old and the New Testaments.

The Bible is God's letter to us.

The Bible teaches us God's law.

The Gospel includes the books of Matthew, Mark, Luke, and John in the New Testament.

The Gospel tells us about the life of Jesus and what he taught.

During Mass every Sunday we listen closely to the reading of Scripture.

The Bible has many lessons about growing in wisdom and grace.