



Parish of St. Bernadette



Third Sunday of Lent 24th. March 2019. Vol.16 No. 31.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023 Option 1.

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration

Tuesday from 9a.m. to 7.15p.m.

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

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First Reading (Exodus 3:1-8.13-15) Just when it seemed that God had forgotten about his captive people, God appeared to Moses and said, 'I have seen the miserable state of my people; I have heard their appeal.' God does not forget us.

Second Reading (Corinthians 10:1-6.10-12) St. Paul cautions that it is possible for us to stray even as we are being guided by God. We should not become complacent but continue to examine ourselves.

Gospel (Luke 13:1-9) The words 'unless you repent' are repeated in this Gospel. These are strong, probing words, words that underline our freedom and urge us to live the life we have been called to live. ©Intercom



Reflection

There is no need for us ever to be afraid of God. He will never directly punish us or the world around us. But we do have the choice to come closer to him, to experience that love he is reaching out to us, to open ourselves to that love or, like the Prodigal Son, go our own way, separate ourselves from him and wallow in the cesspools of life. The choice is up to us. God's love is there for the taking. What are we waiting for? ©1999- 2019 Living Space



Lenten Prayer

Today Lord, I choose life,
I choose your love and the challenge to live it and share it,
I choose hope, even in moments of darkness,
I choose faith, accepting you as Lord and God,
I choose to let go of some part of my burdens, day by day handing them over to you,
I choose to take hold of your strength and power ever more deeply in my life.
May this truly be for me a time of new life, of change, challenge and growth.
May I come to Easter with a heart open to dying with you and rising to your new life, day by day.
Amen.



First Confession

The boys & girls of P3 in St. Bernard's P.S. will make their First Confession on Wednesday. Please pray for these children that they may understand and seek the mercy of God throughout their lives.

Our Faithful Departed



Please pray for the happy repose of the soul of **Malachy McKinney R.I.P.**, of Knockbrea Park, whose funeral took place on Wednesday, and for **Laurence Glennon R.I.P.**, formerly of Wynchurch Avenue, whose funeral Mass will take place on Friday at 9.30a.m.

Anniversaries

Mary Donnelly, Josephine Dolan, Mary Flanagan, Vincent McCaughan, Michael Joseph Finn, Henry O'Rawe, Jack McGowan, Charlie Higney, Eileen O'Connor, Mary Cunningham, Karl McConvey, Pearl Ward.

May the Lord grant them eternal rest.

Parish Bethany Bereavement Support. To speak to someone in strict confidence Tel. 077 3377 3758.

Preparing for Easter



Our Lenten programme "*Let it be Done Unto Me*", continues on **Monday** in **St. Bernard's School** at **8.15p.m.** There will be a video presentation followed by a short discussion exploring the importance of Mary's role in the Church and in each of our lives. The programme will continue each **Monday** until **8th April**. Please come along even if you missed the previous sessions. Everyone will be most welcome!

If you attend the Vigil Mass, please make a little sacrifice and arrive early. **Lenten Stations of the Cross** will take place each **Saturday** at **5.45p.m.** It is surely one of the most important devotions honouring the Passion of Jesus.

Eucharistic Adoration



Eucharistic Adoration is at the centre of our life as a Parish community. **Adoration of the Blessed Sacrament** continues on **Tuesday** in the **Lourdes Chapel** from **9a.m.** until **7.15p.m.** New volunteers are needed to attend so that someone is always present before the Blessed Sacrament.

Reflections on the daily **Mass** readings during **Lent** are available at the back of the church. It only takes a few moments to read them each day. Anything which helps to direct our minds to a greater spiritual preparation for Easter is more than worthwhile.



Parish Collections

Last week's collection amounted to **£1,702**. Sincere thanks for your generosity.

2019/20 Offertory Envelope Boxes

The new boxes have been delivered to Parishioners' homes. If you have not received your box or if you live outside the Parish, please call into the Sacristy. If you do not have Offertory Envelopes and would like to take a box, please leave your contact details in the Sacristy or e-mail: info@stbernadettesparish.org



Retirement Association

Thursday 28th. March - Weekly Walk. Meet in the church car park at 10.15a.m.

Friday 29th. March - Ten Pin Bowling at the Ice Bowl, Dundonald from 10.30 - 11.30a.m. £2 per game.

Friday 29th. March - Monthly Lunch in the Parador at 1p.m. To help finalise the catering order, please contact **Geraldine** Tel. 9070 1027 or **Mary** Tel. 9070 1112.



Church Cleaning

We are indebted to our volunteers who help clean the church each week. **More helpers are needed!** If you can spare an hour once every six weeks and join one of our cleaning teams, please leave your name and contact details in the Sacristy. There is no heavy work involved. Gillian McKeever, our Team Co-ordinator, will be delighted to hear from you. Teams are not restricted to ladies only! **Men are most welcome to help out!**



Parish Centre News

For information & bookings: Tel. 9040 1169 or call in and speak to Paul on weekdays from 9a.m. to 1p.m.

Monday

10.15a.m. Drop in for tea/coffee & a chat after Mass.

10.30a.m. Mothers & Toddlers.

7.30p.m. - 8.30p.m. Pilates Class.

8p.m. Indoor Bowling Club.

8.30p.m. - 9.30p.m. Pilates Class.

Tuesday

7p.m. - 8p.m. Zumba Class.

Wednesday

10.30a.m. Mothers & Toddlers.

8p.m. - 9.15p.m. Yoga Class.

8p.m. Taekwondo.

Thursday

10a.m. - 11a.m. Yoga For All. Limited spaces still available! Contact **Rachel** Tel. 07802 469676

Friday

9.30a.m. - 10.30a.m. Pilates Class.

7p.m. Youth Club. Registered members only!

Saturday

10a.m. Taekwondo.

1.30p.m. Junior Badminton.

Rosetta 2-4 After School Club

From **Tuesday - Friday** this week for P1 - P7 children from **2p.m. - 4p.m.** Contact **Sinead** Tel. 07816 779910.

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Ministers of the Eucharist



March - Group 1.

Team Leader - **Maura Presley.**

Ministers of the Word



Sunday 31st. March.

Group 3.

500 Club



Congratulations to the lucky winners in the Draw for **Week 27: Tim Canning & Marie O'Reilly.** Each receives £50

We offer a confidential, non-judgemental service to vulnerable individuals and families who are in great need. We can provide direct financial assistance and essential items such as food, fuel, and household items. Do you need our help? Tel. **9035 1561**

Latest News



This Lent your love can help change lives. This is the season for solidarity with the poor and underprivileged. Lenten Boxes are now available in the church. Please take one home with you and return it with your donation at the Mass of the Lord's Supper on Holy Thursday.



A Lenten Soup & Bread Lunch in aid of **Trócaire** will be served from **12.30p.m. - 2.30p.m.** in the **Good Shepherd Parish Centre** each **Sunday** throughout the season of Lent. Please join us to enjoy some lunch, chat, and help support the charity.

Youth Events

The **Youth 2000 Ulster Retreat** will take place from **12th. - 14th. April** in **St. Macartans College** in County Monaghan for 16 - 35 year olds. Cost: Donation Only! Great CRAIC!!, Excellent Speakers, Inspiring Talks & Workshops, fantastic music, group activities, Youth Masses, Adoration, Reconciliation, prayer, drama, Games & plenty of time to chill out, meet new people and find out what it means to be young & Catholic in Ireland today!! For more information, email us at:

office@youth2000.ie

What's On!



March 26th. "Defend The Defenders" - free screening of a short documentary by Trócaire in the **Sunflower Bar**, Union Street at **7p.m.** It examines the impact of serious human rights violations by some private companies on communities in Guatemala. Everyone welcome!

March 27th. "Finding Hope Through Dark Days - Personal Reflections on the Loughinisland Massacre" in **Tobar Mhuire, Crossgar** at **7p.m.** Is it possible to find hope in the midst of mindless violence? In this evening of conversation, Emma Rogan and other victims' family members will share the experience of this awful event and its aftermath. All are welcome!

March 30th. Capella Caeciliana in **St. Malachy's Church** at **7.30p.m.** Tickets £12 from our website: www.caeciliana.org & Matchett's Music. Under 25s free. Supporting the church restoration fund.

June 19th. - 27th. Clonard Solemn Novena.