



Parish of St. Bernadette

The Most Holy Body And Blood Of Christ (C) 23rd. June 2019. Vol.16 No. 44.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023 Option 1.

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration

Tuesday from 9a.m. to 7.15p.m.

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

Notices for the Parish Bulletin should be sent by **e-mail only** to: info@stbernadettesparish.org

First Reading (Genesis 14:18-20) Melchizedek, the otherwise unremarkable priest-king, brings an offering of bread and wine. We bring the unremarkable-ness of our lives to this celebration of the Eucharist.

Second Reading (Corinthians 11:23-26) It was 'on the night he was betrayed' that Jesus left us the Eucharist. Only the Son of God could turn betrayal into such a gift!

Gospel (Luke 9:11-17) Jesus did not merely feed people: he fed them superabundantly. Twelve baskets of left-overs would feed the entire world, the entire twelve tribes of the new people the Lord was gathering. ©Intercom



Reflection

"Going to communion" is not a private "receiving" but a sharing, an eating together of the one Bread and the shared drinking of the one Cup. This one Bread and one Cup represent Jesus in his Risen Body; it includes not only Jesus but the whole community present. We recognise in the sharing not just the individual Jesus coming to me but Jesus in his Body, of which we are all part.

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St. Bernard's P.S.

The Year 7s Leaver's Mass will be celebrated on **Wednesday at 9.30a.m.** to pray for the children who have finished their Primary education and will move to their new schools in September. Parents, grandparents, guardians, families, and the wider Parish community are invited to join us for this special celebration.



Calendar of Feasts

Friday is the feast of **The Most Sacred Heart of Jesus**. Devotion to the Sacred Heart of Jesus is devotion to Jesus Himself, meditating on: His divine love, His burning love that fed His human will, and His sensible love that affects His interior life.

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death. Amen.

Our Faithful Departed



Anniversaries

Arthur Howard, Kathleen Morgan, Jackie Madine, Margaret King, Patrick Campbell.

May the Lord grant them eternal rest.

Our **Parish Bethany Bereavement Support Group** offers listening and support to those who have been bereaved over the last few years. To speak to someone in confidence Tel. **077 3377 3758**.

Prayer at Exam Time



Almighty God, please help me in my exams. Help me to face them with courage and peace. Help me to understand the questions that are asked; to remember what I have studied and to express my answers clearly. Guide and direct me in all my decisions and help me especially to discover my true vocation to love and serve you in my life. I ask this through Christ our Lord. Amen

Children's Liturgy



This **Sunday** will be the last day of the Children's Liturgy meetings before the summer break. There will be a small celebration following Mass in the Parish Centre when the children will receive a party bag and refreshments for parents and family members. Thanks for your continued support! Have a great summer break!

Do This In Memory Of Me



The "Do This In Memory Of Me" Programme for children, who received their **First Holy Communion** in May, concludes this **Sunday** at the **10a.m. Mass**. We hope that the children and their families will join us for this celebration of the Eucharist and for refreshments afterwards in the Parish Centre.

Parish Pastoral Council



The Pastoral Council concluded the current session and the agreed its Annual Report for 2018-19. Copies are available at the back of the Church for you to take home. The PPC meetings will resume in September. Many thanks to the members of the Parish Pastoral Council for their commitment and dedication to this important work throughout the past year.



Parish Collections

Last week's collection amounted to **£1,410**. Sincere thanks for your generosity.

Have you recently moved into St. Bernadette's Parish? You can assist the Parish considerably by taking **Offertory Envelopes** and if you pay tax, the Parish will receive a payment from the Inland Revenue at **no extra cost** to yourself if you sign a **Gift Aid Form**. Just call into the Sacristy after Mass and leave your name and contact details. Please give us your support.



Retirement Association

Tuesday 25th. June - Ormeau Park Bowling at 11a.m.

Thursday 27th. June - Weekly Walk at 10.15a.m.

Friday 28th. June - Ormeau Park Bowling at 2p.m.

✠ The Priests

The Organising Committee offer sincere thanks to everyone who attended the concert on Friday evening. It was a wonderful occasion. The feedback we have already received from so many people has been highly complimentary - from the outstanding musical performances to the organisation of the entire event. We are especially grateful to the team of volunteers who worked with great enthusiasm to make sure everything ran so smoothly both in the car park and in the church. They represented the Parish by offering a warm welcome to everyone who attended, most of whom had never visited St. Bernadette's before. We intend to display a selection of photographs, taken throughout the evening, on the Parish website very soon.



Parish Centre News

For information & bookings: Tel. 9079 3023 Option 3 or call in and speak to Paul on weekdays from 9a.m. to 1p.m.

Monday

10.15a.m. Drop in for tea/coffee after Mass.
10.30a.m. Mothers & Toddlers.
7.30p.m. - 8.30p.m. Pilates Class.
8p.m. Indoor Bowling Club.
8.30p.m. - 9.30p.m. Pilates Class.

Tuesday

7p.m. - 8p.m. Zumba Class.

Wednesday

10.30a.m. Mothers & Toddlers.
8p.m. - 9.15p.m. Yoga Class.
8p.m. Taekwondo.

Thursday

10a.m. - 11a.m. Yoga For All.

Friday

9.30a.m. - 10.30a.m. Pilates Class.

7p.m Youth Club - last meeting before the summer!

Saturday

10a.m. Taekwondo.

Rosetta 2-4 After School Club

From **Monday - Friday** this week for P1 - P7 children from **2p.m. - 4p.m.** Call **Sinead Tel. 07816 779910**.

The latest & past editions of the Parish Bulletin are available online at www.stbernadettesparish.org

Ministers of the Eucharist



June - Group 4.

Team Leader - Anne Sharvin.

Ministers of the Word



Sunday 30th. June

Group 5.

500 Club



Congratulations to the lucky winners in the Draw for **Week 40:**

Sean Mullan & Maeve Webb

Each receives £50

We offer a confidential, non-judgemental service to anyone in need. We can provide direct financial assistance and essential items such as food, fuel, and household items. Do you need our help? Tel. 9035 1561.

Latest News



Bredagh G.A.C. News



Join us at our **Community Fun Day** at Cherryvale Playing Fields this Sunday from **2p.m. - 5p.m.** We will have bouncy castles, face painting, art activities, sports events, and lots more! **Free** entry to all activities. Everyone welcome!

Diocesan Pilgrimages



Bi-Annual Pilgrimage to Fatima led by Bishop Noel Treanor D.D. from **15th.-22th. August 2019**. Full board at the Hotel Avenida: £715 (includes taxes and insurance). For bookings, contact **Joe Catney Tel. 9071 4001** or **077 7642 5631**.

NURSES! The **Diocesan Pilgrimage to Lourdes** needs volunteers to join our nursing team to care for our pilgrims who will stay at the Accueil Notre Dame, during our 2019 Pilgrimage (10th.-15th. July). You will need to be a registered nurse, active on the NMC live register - newly registered nurses will be most welcome. For more information or to register your interest please send your contact details to: lourdes@downandconnor.org

What's On!



June 23rd. - 27th. Clonard Solemn Novena to Our Mother of Perpetual Help continues. www.clonard.com

June 23rd. Cemetery Sunday in Drumbo after 12p.m. Mass.

June 24th. Aquinas Diocesan Grammar School GL Information Meeting for P6 parents in the school from **3.45p.m. to 4.15p.m.**

June 29th. "Save our Sunflower Campaign" in the **Kennedy Centre** from **9a.m. - 5p.m.** We need **Stem Cell Donors** to save lives of Leukaemia sufferers. If you are fortunate enough to match someone, just think how it would feel to save someone's life. The whole process only takes three minutes with a simple cheek swab. Your support is greatly needed.

July 6th. All-Ireland Pro-Life Rally in Dublin. Join thousands of people from across Ireland to **'Stand for Life'** for unborn children. Coach transport available. For more information, the **Rally for Life Committee** Tel. **9027 8484** or click on www.rallyforlife.net