



Parish of St. Bernadette

31

3rd. Sunday Of The Year. Sunday 22nd. January 2017. (A) Vol.14 No. 21.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration
Tuesday from 8a.m. to 7.15p.m.

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

Notices for the Parish Bulletin should be sent by **e-mail only** to: info@stbernadettesparish.org

First Reading (Isaiah 8:23-9:3) His faith in God prompts him to optimism about the future: the people who walked in darkness have seen a great light. Shadows are dispelled, joy and gladness shine out. Good will triumph over evil in the end.

Second Reading (1 Corinthians 1:10-13,17) The Church at Corinth has lost its way. The cult of personality and sectional rivalries threaten to tear the community apart. Paul steers them back to their unity in Christ.

Gospel Reading (Matthew 4:12-23) Jesus leaves Nazareth and settles in Capernaum, a lakeside town. With his uncompromising call to repentance, perhaps he already senses the early tide of opposition and the wave of hostility that will finally nail him to the cross.



Do This In Memory

The "Do This In Memory" Programme for children, who are preparing to receive their **First Holy Communion** in May, begins this **Sunday** at the **10a.m. Mass**. "Do This in Memory" is designed to take place within the context of the Sunday Parish celebration of the Eucharist offering parents, guardians, children and the Parish community the opportunity to prepare together for First Communion. It is then continued in the home through the use of activities and resources for both parents, guardians, and children.

This highlights the importance of the Sunday Eucharist as a place where we gather, are nourished by the **Word** and the **Bread of Life**, and are sent forth to live the **Gospel**. It also acknowledges the home as the most important and significant place, where the faith of our children is nurtured, nourished and sustained.

We thank the leaders and volunteer parents who will lead the programme. We pray for God's blessing on them and the children in their care.



Vocations

Have you felt called to serve Christ in the Church as a priest? If so, take this opportunity to gather with other men who are discerning a vocation to the priesthood. A retreat will take place in **Drumalis Retreat Centre** from **Friday 17th to Sunday 19th February**. If you wish to attend or would like further information please contact: **Fr. Kevin McGuckien** Tel. 9061 4567 or by email to: kevinmcguckien@downandconnor.org

Our Faithful Departed



Please pray for the happy repose of the soul of **Anne Gorman R.I.P.**, the relative of a Parishioner, whose funeral took place in Co. Armagh on Thursday .

Anniversaries

William Clarke, Ellen Jane Gallagher, Annie McGeehan, Hugh Murray, Paddy Matthews, Madge McNee, Jean Jamieson, Gerard Ward, Eoghan McGeehan, Jane Boyle, Teresa Mossey, Joe Curran, Hugh Corry, Perry Carnaghan, Joan O'Hara, Willie Martin, Brigid Rooney.

Molly Armstrong, Nicholas Murtagh, Margaret Curran, Jim Hunter, Margaret Walsh, John Kavanagh, Tom Flanagan, Seamus Boyle, Brendan McMullan, Sarah Cassidy, Stephen King, Gerald McCready.

May the Lord grant them eternal rest.

Holy Communion



The most important occasion for Catholics happens each time we receive our Lord in Holy Communion. In Holy Communion, we are eating the True Body and Blood of Jesus Christ, without which "**you shall not have life in you**" (John 6:53). Great care must be taken to receive the Sacred Host with reverence and respect.

Receiving the Host in the Hand

To indicate clearly that you intend to receive in your hands, you should have your hands in this position already as you approach the Priest or Extraordinary Minister of Eucharist. The proper way to receive the Host is to place one hand flat on top of the other so that the open palm is facing upward. Once the Host has been placed onto your palm, step to the side and **consume it immediately** by taking it with the fingers of the lower hand and placing the Host in your mouth. It is not appropriate to take the Host with your mouth directly from your open palm. It is recommended that **children should not receive by hand until they have received the Sacrament of Confirmation**.



Parish Collections

Last week's collection amounted to **£1,649**. Sincere thanks for your generosity.

Team 4 will help with the collection this week.



Retirement Association

Thursday 26th. January - Weekly Walk at 10.15a.m.
Meet in the church car park.

Monday 30th. January - "Jackie" at QFT, depicting the events before and after the assassination of JFK as seen through the eyes of his wife. Starts at 6.40p.m. Adm. £4. For bookings, please contact Geraldine Tel. 0784593 3371 as soon as possible.



School Events

Pupils and parents seeking entry to Year 8 in the intake for September 2017 are invited to attend the following school:

Monday 30th. January - Thursday 2nd. February
St. Colman's, Ballynahinch Open Week from 9.30p.m. - 12.45p.m.



Parish Centre News

For information & bookings: Tel. 9040 1169 or call in and speak to Paul on weekdays from 9a.m. to 1p.m.

Monday 23rd.

10.15a.m. Drop in for tea/coffee & a chat after Mass.
10.30a.m. Mothers & Toddlers.
7.30p.m. - 8.30p.m. Pilates Class.
7.30p.m. Wynchurch Art Group.
8p.m. Bowling Club.
8.30p.m. - 9.30p.m. Pilates Class.

Tuesday 24th.

7p.m. Zumba Class.
8.15p.m. - 9.15p.m. Relaxing Yoga Class.

Wednesday 25th.

10.30a.m. Mothers & Toddlers.
2p.m. Speech & Drama.
5p.m. Children's Soccer.
5.30p.m. Irish Dancing Class.
7p.m. - 8p.m. Active Yoga Class.
8p.m. Taekwondo.
8.15p.m. - 9.15p.m. Relaxing Yoga Class.

Thursday 26th.

4.30p.m. Speech & Drama.
7p.m. Adult Painting Class.

Friday 27th.

9.30a.m. - 10.30a.m. Pilates Class.
7p.m. Youth Club - registered members only!

Saturday 28th.

10a.m. - 2p.m. Taekwondo.
1p.m. - 4p.m. Junior Badminton

After School Club

Rosetta 2-4 Club from Monday to Friday for P1 - P7 children. Please contact **Sinead** Tel. 07816 779910 for further information.

Special candles are available that you may wish to use at home or place at Our Lady's Altar or at the Sacred Heart Altar. Candles cost £5 each from the Sacristy.

Ministers of the Eucharist



Group Leader for January - **Jim McGettrick**.

Ministers of the Word



Sunday 29th. January - Group 11
Robert Madine, Faustina Graham,
Roseanne Hanna, Maura Presley.

500 Club



Week 18: Congratulations to the lucky winners in the **Weekly Draw: Barney Murray & Bernadette Farry.**
Each winner receives £50.

Diocesan Directories



The **Down & Connor Directory for 2017** will be on sale after all of the Masses this weekend. Priced at **£4** each, it includes lots of useful information on Mass times in every Parish, contacts for priests, religious orders, schools, and all Diocesan organisations. Buy one now before they are all gone!

Catholic Schools Week



The theme for the **National Catholic Schools Week 2017** is "Catholic Schools: Communities of Faith, Knowledge and Service." Several events will be held during the week commencing on **29th. January** until **4th. February**. On **Monday 30th. January** from **10a.m. to 12p.m.**, **St. Bernard's P.S.** invite all Grandparents of pupils in the school and interested Parishioners to visit the school. There will be a short talk from a guest speaker **Caroline Bradley** on 'Care for the Family'. Caroline will explore the role of grandparents in the modern family and how, as grandparents, you can pass on the gift of faith. She will outline some skills on how to nurture our children and how to support them to choose to follow the faith themselves. The talk will be followed by light refreshments. We look forward to seeing you there.

Invitation



The ladies of **Newtownbreda Presbyterian Church** have invited the ladies of **St. Bernadette's Church** to a **Visitors' Evening** on **Friday 27th. January** at **7.30p.m.** in **St. John's Hall, Knockbreda Road**. Entertainment will be provided by a group of **Zephania Dancers** who use the medium of Irish dance to communicate God's love. If you would like to attend please contact **Marie** Tel. 9079 2226 as numbers are required for catering purposes.

What's On!



January 22nd. Ecumenical Service at **7p.m.** in **Cooke Centenary Church** in conjunction with the Church Unity Octave. The preacher will be **Rev. Tom Layden S.J.** The service is another opportunity for the Ballynaveigh Churches to come together in prayer. All welcome!

January 31st. Viatores Christi (VC) Information & Recruitment Session at **7.30p.m.** in **St. John's Parochial House, Falls Road**. For further information Tel. 00353186 89986 or visit: www.viatoreschristi.com

February 4th. St. Agnes Choral Society 60th. Anniversary Concert in the **Ulster Hall** at **7.30p.m.** Tickets can be purchased online at www.ulsterhall.co.uk or Tel. 9033 4455. Proceeds in aid of Alzheimers N.I.