



Parish of St. Bernadette



Feast of St. Patrick 17th. March 2019. Vol.16 No. 30.

www.stbernadettesparish.org e-mail: info@stbernadettesparish.org

Fr. Paul Armstrong P.P. 28 Willowbank Park. Tel. 9079 3023 Option 1

Mass Times Sunday

10a.m. with the Adult Choir.
12p.m. Children's Liturgy for P2 - P5.

Weekdays

9.30a.m. except on Tuesday.

Tuesday

7.30p.m. (with Novena to Our Mother of Perpetual Help)

Saturday

6.00p.m. Vigil Mass with the Folk Choir every second Week.

Holy Days of Obligation

10a.m.
Other Mass times may vary and will be published in the Parish Bulletin and on the church notice boards, and Parish website.

Confessions Saturday

6.45p.m. after the Vigil Mass.

Eucharistic Adoration

Tuesday from 9a.m. to 7.15p.m.

Baptisms

On the first Sunday of each month. By appointment only four weeks in advance.

Notices for the Parish Bulletin should be sent by *e-mail only* to: info@stbernadettesparish.org

First Reading (Ecclesiasticus 39:6-10) St. Patrick described himself as an unlettered man, yet he was filled with the spirit of understanding described in this reading, and so the words, 'His memory will not disappear' apply to our national apostle.

Second Reading (2 Tim 4:1-8) 'Proclaim the message.' St. Patrick took those words to heart; he 'fought the good fight to the end,' and gave his life to the task of evangelising our country.

Gospel (Matthew 13:24-32) Wherever the seeds of the Gospel are planted, there will be competition and opposition. This rule, stated clearly by Christ, applied to the Ireland of St. Patrick's time and it applies to the Ireland of today. ©Intercom



Reflection

...the missionary will travel light, taking only the absolute minimum. Property and unnecessary possessions limit the freedom the missionary needs to be fully available to those he wants to serve. Patrick knew all about this and he lived this Gospel passage to the full. It is largely because of him that we are having this Eucharistic celebration today. Let us express our profound thanks to him and to all those who followed in his footsteps to bring the Gospel into our own lives. But it does not stop there. There is now a huge need for the message of Christ and his Gospel to be made known all over our country. Surely the best way to honour Patrick is to learn from him and follow in his footsteps and, as far we can, to make his mission ours. ©1999- 2019 Living Space



Lenten Pioneer Pledge

Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction?

Please consider taking the short-term Lenten Pledge and make a difference to someone's life. Register your pledge with local Pioneers and say the daily prayer.

"I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

Reflections on the daily Mass readings during Lent are available at the back of the church. It only takes a few moments to read them each day. Anything which helps to direct our minds to a greater spiritual preparation for Easter is more than worthwhile.

Our Faithful Departed



Please pray for the happy repose of the soul of **Malachy McKinney R.I.P.**, of Knockbrea Park, who has died.

Anniversaries

John Farry, Conor McGurk, Moya Leyden, Norah O'Sullivan, Kaye Topping.

May the Lord grant them eternal rest.

Names for inclusion in the weekly Anniversary List of the Dead should be submitted at least one week in advance to: info@stbernadettesparish.org

Preparing for Easter



Our Lenten programme "*Let it be Done Unto Me*", continues on **Monday** in **St. Bernard's School** at **8.15p.m.** There will be a video presentation followed by a short discussion exploring the importance of Mary's role in the Church and in each of our lives. The programme will continue each **Monday** until **8th April**. Please come along even if you missed the opening session last week. Everyone will be most welcome!

If you attend the Vigil Mass, please make a little sacrifice and arrive early. **Lenten Stations of the Cross** will take place each **Saturday** at **5.45p.m.** It is surely one of the most important devotions honouring the Passion of Jesus.

Folk Choir



Information, including dates when the group will be singing at Mass and other information that may be of interest, is now available on our new Twitter feed at [@sbfolkgroup](https://twitter.com/sbfolkgroup)

Eucharistic Adoration



Eucharistic Adoration is at the centre of our life as a Parish community. **Adoration of the Blessed Sacrament** continues on **Tuesday** in the **Lourdes Chapel** from **9a.m.** until **7.15p.m.**



Parish Collections

Last week's collection amounted to **£1,653**. Sincere thanks for your generosity.

The annual collection for **Needy Parishes** will take place this weekend. The proceeds go to Parishes, in deprived areas in the Diocese, that struggle to raise adequate funds for their upkeep.

2019/20 Offertory Envelope Boxes

The new boxes will be delivered to Parishioners' homes this week. Many thanks to the volunteers who have offered to help with the distribution. Please collect your boxes after Mass. If you live outside the Parish, your new box may be collected from the Sacristy. If you do not have Offertory Envelopes and would like to take a box, please contact the Sacristy after Mass or send an e-mail with your contact details to: info@stbernadettesparish.org



Retirement Association

Tuesday 19th. - Thursday 21st. March - Our annual trip to **Malahide**. Cost €187 p.p.s bed & breakfast basis for two nights (including dinner on Tuesday). Single room occupancy €262. For Bookings, please contact **Geraldine** Tel. **078459 33371**.

Thursday 21st. March - **Weekly Walk**. Meet in the church car park at **10.15a.m.**

Friday 22nd. March - **Ten Pin Bowling** at the **Ice Bowl, Dundonald** from **10.30 - 11.30a.m.** £2 per game.

Friday 29th. March - **Monthly Lunch** in the **Parador** at **1p.m.** To help finalise the catering order, please contact **Geraldine** Tel. **9070 1027** or **Mary** Tel. **9070 1112** before **20th. March**.



Parish Centre News

For information & bookings: Tel. **9040 1169** or call in and speak to **Paul** on weekdays from **9a.m. to 1p.m.**

Monday

10.15a.m. Drop in for tea/coffee & a chat after Mass.

No Mothers & Toddlers today.

7.30p.m. - 8.30p.m. Pilates Class.

8p.m. Indoor Bowling Club.

8.30p.m. - 9.30p.m. Pilates Class.

Tuesday

7p.m. - 8p.m. Zumba Class.

Wednesday

10.30a.m. Mothers & Toddlers.

8p.m. - 9.15p.m. Yoga Class.

8p.m. Taekwondo.

Thursday

10a.m. - 11a.m. **Yoga For All**. Limited spaces still available! Contact **Rachel** Tel. **07802 469676**

Friday

9.30a.m. - 10.30a.m. Pilates Class.

7p.m. Youth Club. Registered members only!

Saturday

10a.m. Taekwondo.

1.30p.m. Junior Badminton.

Rosetta 2-4 After School Club

From **Tuesday - Friday** this week for **P1 - P7** children from **2p.m. - 4p.m.** Contact **Sinead** Tel. **07816 779910**.

Ministers of the Eucharist



March - Group 1.

Team Leader - Maura Presley.

Ministers of the Word



Sunday 24th. March.

Group 2.

500 Club



Congratulations to the lucky winners in the Draw for **Week 26: Kathleen Duffin & Hugh McCann.**
Each receives **£50**

We offer a confidential, non-judgemental service to vulnerable individuals and families who are in great need. We can provide direct financial assistance and essential items such as food, fuel, and household items. Do you need our help? Tel. **9035 1561**

Latest News



This Lent your love can help change lives.

This is the season for solidarity with the poor and underprivileged. Lenten Boxes are now available in the church. Please take one home with you and return it with your donation at the Mass of the Lord's Supper on Holy Thursday.



A Lenten Soup & Bread Lunch in aid of **Trócaire** will be served from **12.30p.m. - 2.30p.m.** in the **Good Shepherd Parish Centre** each **Sunday** (except St. Patrick's Day) throughout the season of Lent. Please join us to enjoy some lunch, chat, and help support the charity.

Youth Events



The **Youth 2000 Ulster Retreat** will take place from **12th. - 14th. April** in **St. Macartans College** in County Monaghan for **16 - 35** year olds. Cost: Donation Only! Great CRAIC!!, Excellent Speakers, Inspiring Talks & Workshops, fantastic music, group activities, Youth Masses, Adoration, Reconciliation, prayer, drama, Games & plenty of time to chill out, meet new people and find out what it means to be young & Catholic in Ireland today!! For more information, email us at:

office@youth2000.ie

What's On!



March 30th. "The Future of Conscience in an Age of Intolerance" hosted by the Iona Institute NI in the **Wellington Park Hotel** from **10a.m. - 1.30p.m.** £10 Adults £5 student (includes tea/coffee/scones) Speakers include Nuala O'Loan (DBE), and distinguished guests. To book, email: ionainstitute@gmail.com or Tel. **9264 6861**.

March 30th. Cappella Caeciliana present "**More than Gold**" by Belfast composer Anselm McDonnell in **St. Malachy's Church**. Tickets: £12. Students and under 25s free of charge (no ticket required). Proceeds are in aid of St. Malachy's Church Restoration Fund. Tickets can be purchased online at: www.caeciliana.org or from Matchetts, 50 Wellington Place.

March 30th. "Slow Down For Lent". Quiet prayer, gently guided reflection, led by Breige O'Hare in **Clonard** from **11a.m. - 3.30p.m.** Booking essential. Tel. **9044 5950**. Suggested donation £5.