

Parish Bulletin



PARISH OF
HOLY ROSARY



PARISH OF
ST BERNADETTE



Christ is risen!

ALLELUIA



Cycle B Psalter Week 3
The Ascension of the Lord
16th May 2021

SUNDAY MASS TIMES

St Bernadette's Parish Vigil 6.00pm & 11am
Holy Rosary Parish 9am, 10.30am & 12.30pm

Weekday Mass Times

St Bernadette's Parish: Mon, Tues & Wed 9.30am
Holy Rosary Parish: Thurs, Fri & Sat 10am

Given the current public health emergency the [Dispensation from the Obligation to attend Mass](#) has been extended UNTIL

FURTHER NOTICE. The faithful are encouraged, but not required, to attend Sunday Mass whenever possible or to participate in live-streamed Parish Masses offered online.

Visit www.stbernadettesparish.org and Click on "Watch Live" for St Bernadette's Parish.

www.holyrosaryparishbelfast.net for Holy Rosary Parish and click on the webcam

Church Opening Times for Private Prayer

St. Bernadette's Parish: Mon, Tues, Wed 10am -12pm
Holy Rosary Parish: Thurs, Fri, Sat 10.30 -12pm

Our Faithful Departed

Recently Deceased: Seamus Higgins, Margaret Donnelly, Terry Egar, Onuegbune Ifediora, Margaret Button, Brian O'Rourke, Jim Kearney.



Anniversaries: Berna Kearney (6pm), Isobel Hannah, Joe McKinney (11am), Anne Rice.

St Bernadette's Bethany Bereavement Support Group ☎
07733773758

Preparing for Pentecost - Prayer to the Holy Spirit

O, Holy Spirit, beloved of my soul, ...
I adore You. Enlighten me, guide me,
strengthen me, console me. Tell me what
I should do ... give me Your orders.

I promise to submit myself to all that You
desire of me and to accept all that You
permit to happen to me. Let me only know Your will. Amen.



Safety Arrangements in the Church during the COVID-19 Health Emergency

1. Masks **MUST** be worn (unless someone is exempt as outlined in public health agency guidance).
2. Use Hand Sanitizer (available at the Church doors).
3. Keep the 2m **Social Distance** in mind when sitting in the pews & approaching for Holy Communion.
4. Whatever you bring with you into the Church, please take with you when you leave.

In order to comply with COVID restrictions around social distancing, the seating capacity of St. Bernadette's church is **86 pews for individuals or family groups**.

Do be aware that when the capacity of the church is reached, the doors are closed over. Recently the church has reached its capacity at the 11am Mass, but the Vigil Mass can still safely accommodate more people.

We wish to thank the volunteers who act as stewards or clean the church. Their work ensures the church can stay open safely for everyone. We are looking to recruit new volunteers to assist with the cleaning. If you are willing and able to help, please contact the parish office.

Ministers of the Word (Readers)

A copy of the Sunday Rota is available to collect from the sacristy.

St. BERNADETTE'S PARISH FINANCES

Weekly Offering (9 th May)	£1,739.10
Standing Orders (total for April)	£ 989.17
PayPal (total for April)	£1,078.82
Trócaire	£ 200.00

Many thanks to all those who have been able to contribute to the parish finances through a standing order, PayPal, the Donate Button, or parish envelopes.

We recognise that this is a time of financial worry for many, and for that reason giving to the parish should be secondary to your own needs.

We continue to explore extracts from Pope Francis' book: (Week 4)

Let us Dream. The Path to a Better Future

Part One: A Time to See

Sometimes, when I think about the challenges before us, I feel overwhelmed. But I'm never hopeless. We are accompanied. We are being sifted, yes, and it is painful; many of us feel powerless and even afraid. But there is also an opportunity in this crisis to come out better.

What the Lord asks of us today is a culture of service, not a throwaway culture. But we can't serve others unless we let their reality speak to us.

To go there, you have to open your eyes and let the suffering around you touch you, so that you hear the Spirit of God speaking to you from the margins. That's why I need to warn you about three disastrous ways of escaping reality that block growth and the connection with reality, and especially the action of the Holy Spirit. I'm thinking of narcissism, discouragement, and pessimism.

Narcissism takes you to the mirror to look at yourself, to centre everything on you so that's all you see...

Discouragement leads you to lament and complain about everything so that you no longer see what is around you nor what others offer you, ...

And then there's *pessimism*, which is like a door you shut on the future and the new things it can hold ...

These are three ways that block you, paralyse you, and cause you to focus on those things that stop you from moving ahead. ... To act against them, you have to commit to the small, concrete, positive actions you can take, whether you're sowing hope or working for justice.

One of my hopes for this crisis we are living is that we come back to contact with reality. ... There are so many real, 'flesh-and-blood' brothers and sisters, people with names and faces, deprived in ways that we have not been able to see, listen to, or recognise because we have been so focused on ourselves. But now some of these blindfolds have fallen away, and we have a chance to see with new eyes.

May, the month of Mary



Beloved Mother, help us realise that we are all members of one great family and to recognise the bond that unites us, so that, in a spirit of fraternity and solidarity, we can help to alleviate countless situations of poverty and need. Make us strong in faith, persevering in service, constant in prayer.

Mary, Consolation of the afflicted, embrace all your children in distress and pray that God will stretch out his all-powerful hand and free us from this terrible pandemic, so that life can serenely resume its normal course.

To you, who shine on our journey as a sign of salvation and hope, do we entrust ourselves, O Clement, O Loving, O Sweet Virgin Mary. Amen.

Pope Francis 2020

Global Rosary Marathon for the Month of May



Pope Francis invites Catholics around the world to dedicate the month of May to a marathon of prayer for an end to the Covid-19 pandemic. The initiative will involve all the Marian Shrines of the world in a special way. Individuals, families, and communities are invited to recite the Rosary to pray for an end to the pandemic.

First Holy Communion

Congratulations to the boys and girls in Primary 4 who celebrated their First Holy Communion during the week. Let us pray for the other P4 children who will make their First Holy Communion over the next few of weeks.

Prayer before Communion

Lord Jesus, come to me.

Lord Jesus, give me your love.

Lord Jesus, come to me and give me yourself.

Lord Jesus, friend of children, come to me.

Lord Jesus, you are my Lord and my God.

Praise to you, Lord Jesus Christ.



SVP: Many thanks to parishioners for your continued generosity, especially through these difficult times. Donations may be left at either of the Parochial houses in Holy Rosary and St Bernadette's Parishes.



For St Bernadette's Parish donations can also be made online at www.Svpni.co.uk or telephone 02890750161 or on the dedicated giving site which can be accessed at

<https://www.svp.ie/stbernadettessouthandeastbelfastappeal>

If you require assistance, please telephone SVP Regional Office 02890351561 and you will be directed to your local SVP Conference. Holy Rosary Parish helpline 07512605759

"The Healing Power of Poetry"

with Sr Una Agnew SSL PhD

hosted by Drumalis via Zoom from 10:30 am – 12:00 noon

20th & 27th May and 3rd June

Focusing on the poets Patrick Kavanagh and Seamus Heaney, these three sessions led by Sr Una Agnew will look at some of the ways in which poetry offers an alternative mind-set to experiences of social unrest, self-questioning, isolation, failure, and personal loss and gifts us instead with moments of perspective, meaning, transcendence and spiritual healing. Suggested Donation: £30 per person.

For further details or to book a place, please contact Drumalis during office hours (Mon-Fri, 9 am – 5 pm) – 028 28272196 or 028 28276455 or email drumalis@btconnect.com

TROCAIRE

Working for a Just World

On behalf of Trócaire and all those who will benefit from this year's Lenten campaign, many thanks for your support and generosity this Lent.

Boxes & Donations can still be returned to the church. You can also donate directly to the Lenten campaign through the Trócaire website at www.trocaire.org. Through the UK Aid Match Programme, the UK government will match all donations given by **May 16th**.

Children's Corner

A	T	I	Y	R	O	H	T	U	A
N	A	M	T	I	R	I	P	S	M
S	N	O	I	T	A	N	E	P	E
R	B	N	R	A	E	T	M	R	A
E	A	M	O	U	N	T	A	I	N
H	P	E	H	S	H	R	N	E	F
T	T	I	T	P	F	A	V	N	A
A	I	R	U	A	V	E	N	S	T
F	S	S	A	B	L	O	L	R	H
N	E	V	A	E	H	F	E	L	E

ELEVEN MOUNTAIN FELL
 AUTHORITY HEAVEN EARTH
 NATIONS BAPTISE NAME
 FATHER SON SPIRIT



The Ascension of the Lord



What is the Ascension?

The Feast of the Ascension is celebrated forty days after Easter Sunday (therefore always on a Thursday) and recalls our Lord's exaltation by being taken gloriously up into heaven. After Jesus' crucifixion and resurrection, Scripture tells us, he was seen for forty days before he ascended into heaven to be "seated at the right hand of God the Father." After Jesus' ascension, the disciples awaited the promised Spirit in Jerusalem.

The Ascension of Jesus

While he was blessing them, he left them and was taken up to heaven.

Each number represents a letter of the alphabet. Substitute the correct letter for the numbers to reveal the coded words.



X	W	V	D	J	Q	R	I	B	S	O	A	E	U	C	P	K	N	H	L	G	M	Y	Z	F	T
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26

- 25-14-20-25-8-20-20-13-4 _____
- 11-16-13-18-13-4 _____
- 22-8-18-4-10 _____
- 10-15-7-8-16-26-14-7-13 _____
- 7-8-10-13 _____
- 7-13-16-13-18-26 _____
- 9-20-13-10-10-8-18-21 _____
- 26-12-17-13-18 _____
- 19-13-12-3-13-18 _____
- 2-11-7-10-19-8-16-13-4 _____

SCRIPTURE	RISE	REPENT	HEAVEN	BLESSING
MINDS	TAKEN	OPENED	WORSHIPED	FULFILLED